



# MENU

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**OCTOBER**  
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## LUNCH:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lunch: <b>30</b> Chicken Nuggets Curly Fries Veggies and Fruit	Lunch: <b>1</b> Hard Shell Beef Tacos Pinto Beans Veggies and Fruit	Lunch: <b>2</b> Spaghetti with Meat Sauce Dinner Roll Veggies and Fruit	Lunch: <b>3</b> Chicken Sandwich French Fries Veggies and Fruit	Lunch: <b>4</b> Cheese Quesadilla Spanish Rice Veggies and Fruit
Lunch: <b>7</b> Teriyaki Chicken Brown Rice Egg Roll Veggies and Fruit	Lunch: <b>8</b> Chicken Fideo Soup Wheat Crackers Veggies and Fruit	Lunch: <b>9</b> Pork Tostadas Pinto Beans Veggies and Fruit	Lunch: <b>10</b> Chicken Tenders Mashed Potato Gravy and Biscuit Veggies and Fruit	Lunch: <b>11</b> Turkey Hot Dog Baked Chips Veggies and Fruit
<b>No School!</b> <b>14</b>	Lunch: <b>15</b> Golden Chicken Nuggets Smile Fries Veggies and Fruit	Lunch: <b>16</b> Walk the Plank Pizza Grub Salad Bar Fruit	Lunch: <b>17</b> Shipshape Nachos Treasure Pinto Beans Veggies and Fruit	Lunch: <b>18</b> Ahoy Bean and Cheese Burrito Spanish Gold Rice Veggies and Fruit
Lunch: <b>21</b> Orange Chicken Brown Rice Veggies and Fruit	Lunch: <b>22</b> Macaroni and Cheese Dinner Roll Veggies and Fruit	Lunch: <b>23</b> Cheeseburger French Fries Veggies and Fruit	Lunch: <b>24</b> Chicken Soft Tacos Pinto Beans Veggies and Fruit	Lunch: <b>25</b> Ham and Cheese Sandwich Veggies and Fruit
Lunch: <b>28</b> Chicken Alfredo Dinner Roll Veggies and Fruit	Lunch: <b>29</b> Taco in a Bag Ground Beef Pinto Beans Veggies and Fruit	Lunch: <b>30</b> Chicken Fajita Spanish Rice Veggies and Fruit	Lunch: <b>31</b> Popcorn Chicken Spooky Sweet Potato Fries Veggies and Fruit	Lunch: <b>1</b> Grilled Cheese Sandwich Veggies and Fruit

Lunch/Weekly  
Options:

- Fresh/Canned fruit
- Salad
- Mixed veggies
- Milk: Chocolate flavored, fat free & 1 % white.

"This institution is an equal opportunity provider."

MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

**EAT MORE  
FRUITS AND  
VEGGIES!**



October 2024