

# IC SCHOOL CHARGERS

## April 2024

### BREAKFAST/LUNCH MENU

<b>MONDAY</b> 1	<b>TUESDAY</b> 2	<b>WEDNESDAY</b> 3	<b>THURSDAY</b> 4	<b>FRIDAY</b> 5
				
<p style="text-align: right;">8</p> <p><b>Breakfast:</b> Assorted Cereal Yogurt Fruit</p> <p><b>Lunch:</b> Cheese Quesadilla Spanish Rice Veggies Fruit</p>	<p style="text-align: right;">9</p> <p><b>Breakfast:</b> Pancakes String Cheese Fruit/Juice</p> <p><b>Lunch:</b> Hard Shell Turkey Tacos Pinto Beans Veggies Fruit</p>	<p style="text-align: right;">10</p> <p><b>Breakfast:</b> Assorted Cereal Yogurt Fruit</p> <p><b>Lunch:</b> Ham/ Cheese Sandwich Veggies Fruit</p>	<p style="text-align: right;">11</p> <p><b>Breakfast:</b> Mini Cinni Rolls String Cheese Fruit/Juice</p> <p><b>Lunch:</b> Chicken Alfredo Dinner Roll Veggies Fruit</p>	<p style="text-align: right;">12</p> <p><b>Breakfast:</b> Assorted Cereal Yogurt Fruit</p> <p><b>Lunch:</b> Cheeseburger French Fries Veggies Fruit</p>
<p style="text-align: right;">15</p> <p><b>Breakfast:</b> Assorted Cereal Yogurt Fruit</p> <p><b>Lunch:</b> Popcorn Chicken Smiley Fries Veggies Fruit</p>	<p style="text-align: right;">16</p> <p><b>Breakfast:</b> Breakfast Bar String Cheese Fruit/Juice</p> <p><b>Lunch:</b> Pepperoni Pizza Salad Bar Fruit</p>	<p style="text-align: right;">17</p> <p><b>Breakfast:</b> Assorted Cereal Yogurt Fruit</p> <p><b>Lunch:</b> Spaghetti with Meat Sauce Dinner Roll Veggies Fruit</p>	<p style="text-align: right;">18</p> <p><b>Breakfast:</b> Assorted Muffin String Cheese Fruit/Juice</p> <p><b>Lunch:</b> Chicken Soft Tacos Spanish Rice Veggies Fruit</p>	<p style="text-align: right;">19</p> <p><b>Breakfast:</b> Assorted Cereal Yogurt Fruit</p> <p><b>Lunch:</b> Grilled Cheese Sandwich Veggies Fruit</p>

<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<p><b>Breakfast:</b> Assorted Cereal String Cheese Fruit</p> <p><b>Lunch:</b> Chicken Tenders Mashed Potato Veggies Fruit</p>	<p><b>Breakfast:</b> Mini Pancakes Yogurt Fruit/Juice</p> <p><b>Lunch:</b> Pork Tostadas Pinto Beans Veggies Fruit</p>	<p><b>Breakfast:</b> Assorted Cereal String Cheese Fruit</p> <p><b>Lunch:</b> Teriyaki Chicken Brown Rice Veggies Fruit</p>	<p><b>Breakfast:</b> Granola Bar Yogurt Fruit/Juice</p> <p><b>Lunch:</b> Turkey Hot Dog French Fries Veggies Fruit</p>	<p><b>Breakfast:</b> Assorted Cereal String Cheese Fruit</p> <p><b>Lunch:</b> Bean &amp; Cheese Burrito Spanish Rice Veggies Fruit</p>
<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>	<b>3</b>
<p><b>Breakfast:</b> Assorted Cereal String Cheese Fruit</p> <p><b>Lunch:</b> Chicken Nuggets Potato Wedges Veggies Fruit</p>	<p><b>Breakfast:</b> Breakfast Donut String Cheese Fruit/Juice</p> <p><b>Lunch:</b> Beefy Cheese Nachos Pinto Beans Veggies Fruit</p>	<p><b>Breakfast:</b> Assorted Cereal Yogurt Fruit</p> <p><b>Lunch:</b> Chicken Sandwich French Fries Veggies Fruit</p>	<p><b>Breakfast:</b> Mini Waffles String Cheese Fruit/Juice</p> <p><b>Lunch:</b> Pizza Salad Veggies Fruit</p>	<p><b>Breakfast:</b> Assorted Cereal Yogurt Fruit</p> <p><b>Lunch:</b> Orange Chicken Brown Rice Veggies Fruit</p> <p>Super Hero Day!</p>

<p><b>Breakfast/Weekly Options:</b></p> <ul style="list-style-type: none"> <li>• Fresh fruit/canned</li> <li>• Fruit juice</li> <li>• Yogurt</li> <li>• String cheese</li> <li>• Milk: fat free/ 1% white</li> </ul>	<p><b>Lunch/Weekly Options:</b></p> <ul style="list-style-type: none"> <li>• Fresh/Canned fruit</li> <li>• Green salad</li> <li>• Mixed veggies</li> <li>• Milk: chocolate flavored, fat free, 1%</li> </ul>
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