

# IC SCHOOL CHARGERS

## MARCH 2021:

### BREAKFAST/LUNCH MENU

<b>MONDAY</b> 1	<b>TUESDAY</b> 2	<b>WEDNESDAY</b> 3	<b>THURSDAY</b> 4	<b>FRIDAY</b> 5
<p><b>Breakfast:</b> Pop Tarts Yogurt Fruit</p> <p><b>Lunch:</b> Popcorn Chicken Mac N Cheese Veggies + Fruit</p>	<p><b>Breakfast:</b> Assorted Cereal String cheese Fruit</p> <p><b>Lunch:</b> Beefy Nachos Pinto Beans Salad Fruit</p>	<p><b>Breakfast:</b> Breakfast Breadloaf Yogurt Fruit</p> <p><b>Lunch:</b> Chicken Fajitas Brown Rice Veggies + Fruit</p>	<p><b>Breakfast:</b> Mini Cinni Rolls String cheese Fruit</p> <p><b>Lunch:</b> BBQ Pulled Pork Burgers French Fries Veggies + Fruit</p>	<p><b>Breakfast:</b> Assorted Cereal Yogurt Fruit</p> <p><b>Lunch:</b> Fish Sticks French Fries Salad</p>
8	9	10	11	12
<p><b>Breakfast:</b> Breakfast Bar Yogurt Fruit</p> <p><b>Lunch:</b> Hamburger French Fries Salad Fruit</p>	<p><b>Breakfast:</b> Mini Waffles String cheese Fruit</p> <p><b>Lunch:</b> Taco Tuesday Hard Shell Pork Tacos Pinto Beans Veggies + Fruit</p>	<p><b>Breakfast:</b> Breakfast Donuts Yogurt Fruit</p> <p><b>Lunch:</b> Meaty Spaghetti Dinner Roll Salad Fruit</p>	<p><b>Breakfast:</b> Assorted Cereal String cheese Fruit</p> <p><b>Lunch:</b> Chicken Tenders French Fries Veggies + Fruit</p>	<p><b>Breakfast:</b> Breakfast Breadloaf Yogurt Fruit</p> <p><b>Lunch:</b> Tuna Salad Veggies Crackers Fruit</p>
15	16	17	18	19
<p><b>Breakfast:</b> Breakfast Donuts Yogurt Fruit</p> <p><b>Lunch:</b> Pepperoni Pizza Salad Fruit</p>	<p><b>Breakfast:</b> Assorted Cereal String cheese Fruit</p> <p><b>Lunch:</b> Taco Tuesday Meat Soft Tacos Pinto Beans Veggies + Fruit</p>	<p><b>Breakfast:</b> Mini Cinni Rolls Yogurt Fruit</p> <p><b>Lunch:</b> Bean + Cheese Burrito Spanish Rice Veggies + Fruit</p>	<p><b>Breakfast:</b> Mini Pancakes String cheese Fruit</p> <p><b>Lunch:</b> Chicken Nuggets French Fries Veggies + Fruit</p>	<p><b>Breakfast:</b> Assorted Cereal String cheese Fruit</p> <p><b>Lunch:</b> Cheese Quesadilla Spanish Rice Salad Fruit</p>

<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<p><b>Breakfast:</b> Pop Tart Yogurt Fruit</p> <p><b>Lunch:</b> Orange Chicken Brown Rice Veggies + Fruit</p>	<p><b>Breakfast:</b> Breakfast Breadloaf String cheese Fruit</p> <p><b>Lunch:</b> Meatball Subway Salad Fruit</p>	<p><b>Breakfast:</b> Breakfast Bar Yogurt Fruit</p> <p><b>Lunch:</b> Chicken Sandwich French Fries Veggies + Fruit</p>	<p><b>Breakfast:</b> Assorted Cereal String cheese Fruit</p> <p><b>Lunch:</b> Chicken Salad Crackers Fruit</p>	<p><b>Breakfast:</b> Mini Muffin Yogurt Fruit</p> <p><b>Lunch:</b> Grilled Cheese Sandwich Veggies + Fruit</p>

<p><b>Breakfast/Weekly Options:</b></p> <ul style="list-style-type: none"> <li>• Fresh fruit/canned</li> <li>• Fruit juice</li> <li>• Yogurt</li> <li>• String cheese</li> <li>• Milk: fat free/ 1% white</li> </ul>	<p><b>Lunch/Weekly Options:</b></p> <ul style="list-style-type: none"> <li>• Fresh/Canned fruit</li> <li>• Green salad</li> <li>• Mixed veggies</li> <li>• Milk: chocolate flavored, fat free, 1%</li> </ul>
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